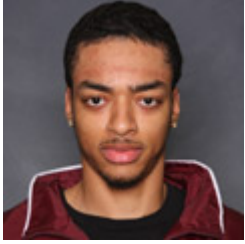


Nick Ward, Augsburg

Week of: 2009-05-04



Augsburg College sophomore **Nick Ward** (Coon Rapids, Minn.) broke the Augsburg school record in the 100 meter dash as he ran the fastest time in the MIAC this year with a 10.74 clocking at the Meet of the UnSaintly at Hamline on Saturday. The mark is also an NCAA provisional time, which ranks Ward 16th nationally.

Tyler Hinrichs, Bethel

Week of: 2009-05-04



Bethel University senior **Tyler Hinrichs** (Clara City, Minn./Maccray) broke a 32 year-old school record by running a provisional NCAA mark of 3:52.99 in the 1500 meter run at the Howard Wood Dakota Relays in Sioux Falls, S.D. The time ranks Hinrichs tied for 11th in Division III.

Bethel 4 x 400 Relay Team, Bethel

Week of: 2009-04-27

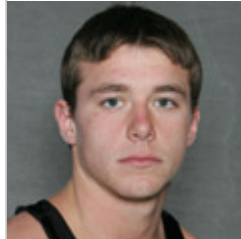


The Bethel University 4 x 400 meter relay team of Taylor Ferda, Joel Quick, Zach Schlegel and Eric Rhode ran a 3:15.00 on Friday night of the Drake Relays in 85 degree heat and wind to qualify for Saturday's final. The 3:15.00 places the Royals second on the NCAA list and was the fourth fastest time in their division at Drake. On Saturday with cool and wet conditions, Bethel placed second behind Division II Lincoln University, with a 3:15.81 clocking.



Tyler Geyen, Gustavus

Week of: 2009-04-20



Gustavus Adolphus College senior **Tyler Geyen** (Watertown, Minn./Watertown-Mayer) took first place in the 110-meter hurdles with a NCAA provisional qualifying time of 14.62 on Saturday at the Carleton Relays in Northfield. Geyen's time ranks him fifth in the nation in the event. As a team, the Gusties won the meet with

163 points.

Mike Hutton, St. Thomas

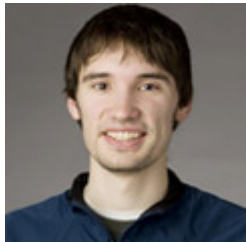
Week of: 2009-04-13



University of St. Thomas first-year **Mike Hutton** (Apple Valley, Minn.) won the 800 meter run in a time of 1:52.53 at the Meet of Saints on Thursday, April 9 at St. Thomas. Hutton's time is the fastest this season in the MIAC, fifth best in Division III this year, 11th fastest in St. Thomas history, and is a NCAA provisional qualifying time. St. Thomas All-American Brian Sames was right behind Hutton to finish second in 1:53.09.

Tom Ballinger, Carleton

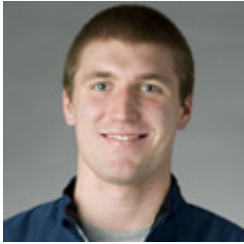
Week of: 2009-04-06



Carleton College senior Tom Ballinger (Wenatchee, Wash.) won the 400m Hurdles on Saturday at the Hamline Invitational with an NCAA provisional qualifying time of 53.75 placing him third on the National list. This marks the fourth consecutive year that Ballinger, a two-time All-American, has hit the NCAA qualifying standard in the 400m Hurdles. Ballinger is currently ranked among the top five in the MIAC in the 110m Hurdles, the 400m Hurdles, the 400m, and is a member of Carleton's 4x400m Relay.

John Hanks, Carleton

Week of: 2009-05-04



Carleton College senior **John Hanks** (LeRoy, Minn./LeRoy-Ostrander) bested his season high by more than 12 feet in winning the javelin at the Rolex Classic with a personal-record distance of 177 feet (53.94 meters). This is the second-best throw in the MIAC this season.

John Schantzen, St. Olaf

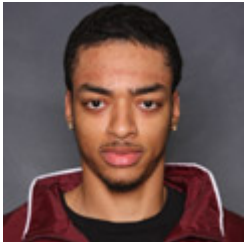
Week of: 2009-04-27



St. Olaf College junior **John Schantzen** (Stillwater, Minn.) won the shot put with a 16.81m toss at Gustavus' Drake Alternatives Meet on Saturday, April 25. Schantzen's mark is currently third in Division III. He also added a 12th-place finish in the hammer throw.

Nick Ward, Augsburg

Week of: 2009-04-20



Augsburg College sophomore **Nick Ward** (Coon Rapids, Minn.) jumped a personal best of 6.94 meters (22' 9 1/4"), missing the NCAA provisional mark by just .06 meters at the TomCat Twilight on Friday at St. Thomas. Ward's jump ranks second in the MIAC this season.

John Schantzen, St. Olaf

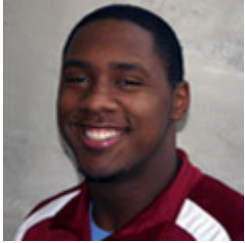
Week of: 2009-04-13



St. Olaf College junior **John Schantzen** (Lake Elmo, Minn./Stillwater) won the shot put event at the Meet of Saints on Thursday, April 9 at St. Thomas with a personal best toss of 16.55 meters. Schantzen's throw is currently the best throw in the MIAC this season and ranks him third in Division III.

Derall King, Hamline

Week of: 2009-04-06



Hamline University sophomore **Derall King** (Inver Grove Heights, Minn.) hit an NCAA provisional shot put mark in his first outdoor meet of the season at the Hamline Invite on Saturday. King's put of 16.30 meters (53-5 3/4) not only hit the NCAA provisional distance but also ranks him first in the MIAC and it was the second-best throw in Division III this season. He finished second in the event to an unattached competitor.